

A monthly update for members of the Emergency Medical Services Association of Colorado.

November 2023—Our 50th year!

EMSAC group (agency) members, please forward this to your staff. If you have news for the EMSAC monthly update, send it to **communications@emsac.org**.

Facebook LinkedIn EMS Job Board Join EMSAC

This is your association, and we want to hear from you. You can find your region representative and the officers <u>here</u>. If you do not know who to call or have a general question, contact the staff at <u>303-317-6511</u> or email <u>emsac@emsac.org</u>.

THIS MONTH'S USEFUL MUSING

Chaos is just a local view of things working out in general. — John Updike

EMSAC NEWS

New region representatives seated on board

EMSAC election brings new faces from regions 5, 9

Effort at State Capitol during special session saves EMS funding

EMSAC advocates amendments to include Ambulance Districts and Health Service Districts

Colorado EMS Sustainability Task Force Update for EMSAC Members

By Sean Caffrey, Crested Butte Fire Protection District, EMSAC delegate to the Colorado EMS Sustainability Task Force

Colorado EMS Educators Association



2024 EMS Educators Symposium May 17-18, Estes Park

4th Annual!

The Colorado EMS Educators Association is a chartered subsidiary special interest group of EMSAC.



CALL FOR PRESENTERS

Submit a Proposal Today!

We are excited to invite passionate people to submit proposals for the upcoming 2024 EMS Educators Symposium May 17th - 18th!

This symposium is a unique opportunity to share your expertise and insights, with a particular emphasis on topics that enhance the teaching skills of EMS educators.

If you have valuable knowledge to impart or innovative approaches to EMS education, we encourage you to be a part of this event. Click the link below to submit your proposal today! Preference will be given to topics that help EMS Educators improve their teaching skills. **Submission Deadline: January 1st, 2024**

Submit your Proposal Here

Welcome new committee volunteer



Monet Meisman has joined the Communications Committee, a critical component of EMSAC. Monet grew up in Crestone, Colorado, a small town just north of Great Sand Dunes National Park. She currently lives in Denver. She graduated from high school with her EMT certification in 2022 and has been working for Stadium Medical since then. Her work at Stadium has given her experience in interfacility transport and event medicine, providing medical services to Empower Field, Red Rocks Amphitheater, and many other popular venues in the Denver Metro area. She recently accepted a position

with Grand County EMS and will be starting in December. Monet spends most of her free time skydiving or rock climbing. She is passionate about medicine and emergency response and is eager to support the emergency medical community.

Make a Difference in Colorado EMS

You, too, can easily volunteer with an EMSAC Committee, <u>online</u>. Committees are the workhorse of all we do. Get involved and make your mark on EMS in Colorado.

EMSAC's EMS Job Board

Find the position you want, no matter your career stage. Find your perfect job and track positions you're pursuing using our Career Center. Recruiters can browse resumes in the system to see if there is a good match within the database.

Employers, our Job Board is a national job board, linked to other states. Find the perfect candidates for your vacancies.

www.emsac.org/job-board





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COLORADO EMS NEWS

Ground Ambulance Licensing Draft Rules

A Board of Health rulemaking hearing is scheduled for December 20, 2023. The packet submitted to the Board of Health by the Health Facilities and Emergency Medical Services Division can be located here. To review the draft rules click here.

Colorado EMS Professionals Recognized as "Stars of Life"



Early in November, the American Ambulance Association (AAA) recognized extraordinary EMS professionals during the annual Stars of Life celebration. 128 people from across the United States were honored as the 2023 Stars at a prestigious event November 6–8.

Stars of Life pays tribute to the dedication of these hometown heroes while shining light on the critical role EMS plays in our healthcare infrastructure. During their time in our nation's capital, the Stars will receive medallions and plaques in thanks for their lifesaving and life-sustaining service. The Stars, accompanied by their families and executive hosts, also met with members of Congress and congressional aides to discuss policy issues critical to emergency medical services.

In addition to the Stars, Senator Jon Tester of Montana and Senator Bill Cassidy, MD of Louisiana will be recognized as Legislators of the Year, and 11 United States Senators and 17 Representatives will receive Legislative Recognition Awards for their support of mobile healthcare.

American Ambulance Association President Randy Strozyk noted that, "EMS professionals work tirelessly to provide round-the-clock healthcare when it is needed most." He continued, "Together, we honor this year's Stars of Life, and thank them for the countless hours of service they have dedicated to their local communities."

This year's distinguished Stars of Life honorees from Colorado are:

- Jason Burns, Flight Paramedic, REACH, Salida. starsof.life/23burns
- Jesse Mascarenas, Flight Nurse, REACH, Salida. starsof.life/23mascarenas
- Jessica Van Der Merwe, Paramedic, Falck Rocky Mountain, Aurora. starsof.life/23vdm

OTHER NEWS



Louisiana Amendment 3: First responder property tax exemption

Your ambulance is on the way; ETA 65 minutes



Rural patients can wait an hour or more for emergency responders from strained services

Vanguard Award Nominations Open Through January 1, 2024



WiES is proud to announce we are collaborating with the American Ambulance Association to present the **2024 Vanguard**

Awards! Recognize woman leaders with at least 35 years of service in EMS! Nominations are open for the second annual American Ambulance Association Vanguard Awards! The Vanguards honor those who blazed the trail for fellow women EMS professionals.

The Changing Generational Values



JOHNS HOPKINS **Examining Workplace Values** from Baby Boomers to Generation Z: Today's workforce consists of 4 generations: (ordered from oldest to youngest) Baby Boomers,

Generation X, Millennials, and Generation Z. These generations were raised in different social and political atmospheres and therefore, correspond to different childhood upbringings and familial environments, which beget different values, wants, and needs in adulthood.

Why Legal Pot Makes This Physician Sick



Researchers at the University of California, San Diego looked at cannabis-related emergency department visits from all acute-care hospitals in the state from 2005 to 2019

and found an 1808% increase in patients aged 65 or older (that is not a typo) who were there for complications from cannabis use. Read more here.

TRAINING

Grant Writing for the Fire and Emergency Services

This **course** educates fire and emergency services personnel on how to write a successful grant narrative in an effort to secure funding for their local fire/EMS department. Students will also be introduced to a variety of funding opportunities, including government and private grants.

REMINDERS







Click for EMS license plates

Click for EMS Insignia

Click to report safety incidents



If you are involved in a roadway incident where you, a fellow responder, or any emergency equipment was struck or nearly struck by an oncoming vehicle, you can now easily report the incident to the national database, **ReportStruckBy.com**.

Public Safety Officers' Benefit - PSOB



Every emergency service agency should be familiar with the Public Safety Officers' Benefit from the U.S. Department of Justice. The PSOB offers survivor benefits and educational benefits to families of emergency service professionals killed in the line of duty. The PSOB also offers disability benefits to those disabled in their E.S. work. Read more here.

MENTAL HEALTH RESOURCES FOR EMERGENCY RESPONDERS

Path4EMS: Colorado's EMS Peer Assistance Program

Any currently certified Colorado EMS provider now has a new avenue of access and support for issues related to stress management, mental health and wellness. These services are confidential, free of charge, and available statewide. Information about the program can be found here. For immediate assistance, please call 1-800-873-7138. Make the Call to Make Things Better.

Firefighters and EMS personnel face many unique challenges that can have a significant impact on their behavioral health. To ensure these individuals and their families have access to the help they need, the NVFC teamed up with American Addiction Centers (AAC) to create a free, confidential helpline available 24 hours a day, days a week.

Fire/EMS Helpline: 1-888-731-FIRE (3473)The Code Green Campaign

Code Green is a first responder-oriented mental health advocacy and education organization. It is not a crisis helpline; its mission is to bring awareness to the high rates of mental health problems in first responders and reduce them, eliminate the stigma that prevents people from admitting problems are present and asking for help and educate first responders on self and peer care and to advocate systemic change in how mental health problems are addressed by first responder agencies.

Foundation 1023

Foundation 1023 is committed to supporting the emotional and mental wellness of first responders and their support network who are experiencing illness, loss or stressful life events by providing confidential funding for emotional and mental wellness services, as well as access to peer-supported outdoor activities and events designed for personal wellness and connection. Foundation 1023 offers referral services and financial support to pre-approved Professional Counselors who are experienced in the first response industry.

Safe Call Now - (206) 459-3020

Safe Call Now is an emergency services-based emergency CONFIDENTIAL, comprehensive, 24-hour crisis referral service for all emergency services personnel and their family members nationwide. Speak confidentially with officers, public safety professionals and/or mental health care providers who are familiar with your line of work. MAKE A SAFE CALL NOW: (206) 459-3020. Download a brochure for your colleagues and staff.

Colorado Crisis and Support Line 1-844-493-TALK (8255)

Get connected 24/7/365 with experienced professionals, counselors and peer specialists. Colorado Crisis Services has 12 walk-in crisis service centers: Fort Collins, Greeley, Grand Junction, Pueblo, and Colorado Springs; and in metro Denver: Westminster, Lakewood, Littleton, Aurora (2), Boulder and Denver. Download an information card. For your agency offices and quarters download a rack card.

Thank you to our generous sustaining members.







































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